



Immediate Discipleship

Prayer

I. Member Care (15 minutes)

- i. Member Care
 - a. Pray to know Him deeper and to hear Holy Spirit speak and move.
 - b. Ask everyone to share about their week, including highs and lows.

 - ii. Loving Accountability
 - a. How was time in God's Word and time in prayer?
 - b. Did you share with someone this past week?
 - c. Were you obedient to what Jesus called you to?

 - iii. Vision Casting
 - a. Read Matthew 28:18-20. What does disciple making look like?
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II. Study Scripture (30 minutes)

- i. Read the Command: Matthew 6:9-13

 - ii. Read the Story: Matthew 6:5-15

 - iii. Head
 - a. Discuss observations and facts.
 - b. What does the story tell us about God and people?

 - iv. Heart
 - a. Discuss the emotions of the characters in the story.
 - b. How does this make you feel?

 - v. Hands
 - a. Discuss what God is inviting the reader into through the story.
 - b. What does this story make you want to do?

 - vi. Dive Deeper:
 - a. Why pray? Ephesians 1:17-20
 - b. How to prayer? Matthew 6:5-15, (1) Recognize God as a loving Father (2) Revere Him as holy and set apart (3) God's desire to be with His people (4) Ask for provisions (5) Confess (6) Forgive others (7) Believe that Jesus has overcome the evil one.

 - vii. Set Goals
 - a. Who do you know that needs to hear this story?
 - b. What from today's lesson does Jesus want you to obey this week?
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III. Equipping (15 minutes)

- i. Prayer Wheel

Prayer Wheel

Paul encouraged the Thessalonians to “Pray without ceasing” (1 Thessalonians 5.17) and we should strive to do the same.

The Prayer Wheel is a simple tool to help guide us in 12 ways to pray. Set a timer for 5 minutes and pray in the manner of the section, starting with 1. Praise. Once the tie goes off, reset it, and start the next prayer. Go around, until you finish again with 12. Praise. Engaging in each topic for only 5 minutes can help us exercise our prayer life in a way to work towards ceaseless prayer.

**If you have less than an hour to pray, or 60 minutes seems too daunting, simply divide up the time. For example, if you only have 30 minutes, spend 2.5 minutes on each section.*

